

30 A.D.

THE JESUS STORY

Lord of the Sabbath
Luke 6:1-11

INTRODUCTION – WHAT'S THE PURPOSE OF THE SABBATH?

- ① Reverence your God (Deuteronomy 5:12)
- ② Rest your bodies (Genesis 2:2-3; Deuteronomy 5:13-14)
- ③ Remember your deliverance (Deuteronomy 5:15)

GUIDING PRINCIPLE: The Sabbath was given by God to people as a GIFT, not a BURDEN.

STORY #1: FAST FOOD IN THE GRAIN FIELDS (Luke 6:1-5)

- NEED: Hunger (cf. Deuteronomy 23:25)
- ACCUSATION: Sabbath Desecration
- RESPONSE:
 - ① OT story (1 Samuel 21:1-6 • Hungry David)
 - ② Bold claim (The Son of Man is Lord of the Sabbath)

STORY #2: RESCUING THE NEEDY (Luke 6:6-11)

- NEED: Human misery
- ACCUSATION: Healing = Sabbath Desecration
- RESPONSE:
 - ① Expose Hypocrisy
 - ② Mercifully Heal

LESSON: Good Omitted = Evil Committed

THREE APPLICATIONS POINTS

- ① You need to know your Bible
- ② You need a weekly day of rest (Colossians 2:16,17)
- ③ Only in Christ do you find your true Sabbath rest (Matthew 11:28-30)

*Come to Me, all who are weary and heavy-laden,
and I will give you rest. Take My yoke upon you and learn
from Me, for I am gentle and humble in heart,
and you will find rest for your souls. For My yoke is easy
and My burden is light. (Matthew 11:28-30)*

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Sermons can be viewed online at creeksideeg.com/sermon

Questions are based on the NIV translation of the Bible

PRAYER

Begin your time together by praising God that He created us with the need to rest and wants us to take time to renew our souls and bodies.

MY STORY

1. What would an ideal "day of rest" look like to you? When is the last time you actually experienced a day like this?

DIGGING DEEPER

2. What insight, principle or point from Sunday's message stands out in your mind? Explain.
3. According to the following verses, where did the Sabbath originate, and what significance do you see in the fact that, "The Sabbath predated the Law of Moses, but is also part of it."

Genesis 2:1-3

Exodus 20:8-11

4. Of all the Ten Commandments in Exodus 20, the 4th Commandment about observing the Sabbath is the longest. What are some possible reasons why God made the explanation so long? From this command, how does God define work and rest?
5. According to the following verses what are some of the purposes of the Sabbath? In other words, what did God want humankind to get out of observing the Sabbath?

Deuteronomy 5:12

Deuteronomy 5:13,14

Deuteronomy 5:15

6. In your mind is it possible that what one person considers work, another considers rest? Why?

DIGGING EVEN DEEPER

7. Briefly summarize the Jewish religious leaders' teaching regarding the Sabbath and/or Jesus' teaching in each passage below. In your view, how had the religious leaders gotten so far off track with God's intentions for the Sabbath?

Religious Leaders' Teaching vs. Jesus' Teaching

Luke 6:1-5

Luke 6:6-11

Matthew 12:1-2, 5-8

8. **Read Colossians 2:16-18.** According to these verses, are Christians today obligated to observe the Jewish Sabbath? Since "rest" predates the Law of Moses and the fall of mankind, what can Christians today conclude regarding God's plan to make a day of rest a blessing (gift) rather than a burden?

TAKING IT HOME

9. Why is it so hard for people in modern America to take time to rest? Has it been tough for you personally?
10. After hearing Sunday's message, what steps do you believe God wants you to take to make the Lord's Day different from other days of the week? After some prayer, write out your plan below.

PRAYING TOGETHER

Pray for the needs of your group, and ask God to help you make rest a priority in your life.