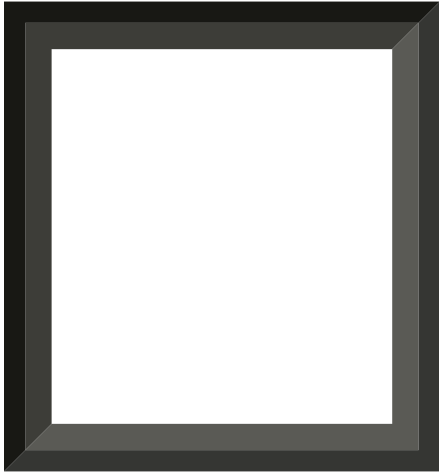


# ALL IN SHAPE

Heart & Abilities — Colossians 3:23-24



Draw a portrait of the Apostle Paul

## SHAPE

- S - Spiritual Gifts
- H - Heart
- A - Abilities
- P - Personality
- E - Experience

"Whatever you do, work at it with all your heart, as working for the Lord, not for men..." (Colossians 3:23-24)

## Heart

Defining Heart: What are you Passionate about?

### Heart Diseases

1. No passion
2. Wrong passions

Enthusiasm: in God or possessed by God

Jump - Start Your Heart (see list on the back)

1. What do you love to do?
2. What have you been most effective in?
3. Who do you care deeply about?
4. What needs can you meet in that group?
5. What is your ultimate dream for God's kingdom?

"Take delight in the Lord and he will give you the desires of your heart." (Psalm 37:4)

"I run in the path of your commands, for you have set my heart free." (Psalm 119:32)

## Abilities

Defining Abilities: What are you naturally good at?  
Discover your strengths. (see list on the back)

### Discover your SHAPE this week!

CreeksideEG App or Website: Take the SHAPE inventory  
Workshop: Saturday, August 26 or Sunday, August 27  
Explore: Start serving ([jennifer@creeksideeg.com](mailto:jennifer@creeksideeg.com))

Dedicate your abilities for God's use.

The purpose of our abilities is to glorify God.

Develop your abilities to be even stronger.

"Whatever you do, work at it with all your heart, as working for the Lord, not for men, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving."

Colossians 3:23-24

# SHAPE

Spiritual Gifts • *Heart* • *Abilities* • Personality • Experience

## Groups & causes to activate your *Heart*:

Circle what gets you excited, what stirs up your passion.

- |                           |                            |
|---------------------------|----------------------------|
| Abortion/Sanctity of Life | Financial Stewardship      |
| Abuse/Violence            | Health & Fitness           |
| Alcoholism                | HIV/AIDS                   |
| At-Risk Children          | Homelessness               |
| Parenting                 | Kids or Teens              |
| Addiction                 | Law & Justice              |
| Deaf & Hard of Hearing    | Marriage                   |
| Disabilities              | Family                     |
| Divorce                   | Public Policy/Politics     |
| Drug Abuse                | Poverty or Hunger          |
| Recovery                  | Sexuality or Gender Issues |
| Educational Issues        | Spiritual Apathy           |
| Environment               | _____                      |
| Ethics                    | _____                      |
| Elder Care                | _____                      |

## 3 things you're passionate about:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_

## Abilities you can use:

Rank 'em: 0 – No Thanks, 1 – Like It, 2 – Love It, 3 – Gotta Have It

- |                     |                          |
|---------------------|--------------------------|
| ___ Entertaining    | ___ Mechanical Operating |
| ___ Recruiting      | ___ Resourceful          |
| ___ Interviewing    | ___ Technology           |
| ___ Researching     | ___ Counting             |
| ___ Arts/Graphics   | ___ Relationships        |
| ___ Evaluating      | ___ Welcoming            |
| ___ Planning        | ___ Composing            |
| ___ Managing        | ___ Landscaping          |
| ___ Counseling      | ___ Arts & Crafts        |
| ___ Teaching        | ___ Decorating           |
| ___ Writing/Editing | ___ Languages            |
| ___ Promoting       | ___ Musical              |
| ___ Repairing       | _____                    |
| ___ Feeding         | _____                    |
| ___ Recall          | _____                    |

## 3 abilities you can use for God:

1. \_\_\_\_\_
2. \_\_\_\_\_
3. \_\_\_\_\_