# Matters of the Heart A Christ-Like Heart

Follow	your	heart?
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Your heart is the <u>center</u> of your being.

"Above all else, guard your heart, for
everything you do flows from it."

(Proverbs 4:23)

#### **DIG DEEPER**

Jeremiah 17:9 Matthew 15:19 Mark 7:6 Mark 12:30-33

with his Heavenly Father.

#### A Christ-like heart is an aligned heart.

Jesus Christ's heart was \_\_\_

1. Jesus' <u>actions</u> are aligned with his Heavenly Father.

Jesus "can do only what he sees his Father doing." (John 5:19)

2. Jesus' <u>words</u> are aligned with his Heavenly Father.

"My teaching is not my own. It comes from the

aligned

3. Jesus aligns his heart \_\_\_\_\_\_.

"But Jesus often withdrew to lonely places and prayed."

(Luke 5:16; also John 6:15)

one who sent me." (John 7:16)

4. Jesus aligns his heart even when he doesn't <u>want</u> to.

"Yet not as I will, but as you will... Your will be done." (Matthew 26:36-42)

## A Christ-like heart comes in aligning our heart with our Heavenly Father.

#### **Heart Exercises:**

1. Align yourself with God daily.

"If you remain in me and I in you, you will bear much fruit;

apart from me you can do nothing." (John 15:1-5)

"Prone to wander, Lord I feel it.

Prone to leave the God I love.

Here's my heart, Lord; take and seal it.

Seal it for thy courts above."

Come Thou Fount

2. Memorize Proverbs 4:23.

"Above all else, guard you heart, for everything you do flows from it." Proverbs 4:23

### LifeGroup Questions - Doing Life Together

Week of April 23-29, 2017
Matters of the Heart

Sermons can be viewed online at creeksideeg.com/sermon Questions are based on the NIV translation of the Bible

#### **PRAYER**

Begin your time together by thanking God for the Bible that shows us how to have a Christ-like heart and to live for Him.

#### **MY STORY**

What messages do you hear in our culture about following your heart? Are they biblically founded?

#### **DIGGING DEEPER**

- 1. The physical heart may be defined as the organ that pumps blood through the body. How would you define the spiritual heart of a person?
- 2. What from Sunday's message helped you better understand a person's spiritual heart?
- 3. **Read Proverbs 4:23.** What does it mean to guard your heart? Why are we to do it?

Give an example from your own life of how you are guarding your heart and the benefits you have derived from doing so?

4. **Read Matthew 11:28-30**. What does Jesus say about His own heart in this passage? What benefits do we get from having a Savior with this kind of heart?

5. **Read John 15:1-5**. What is the correlation between aligning your life with Christ and having a Christ-like heart?

According to the passage, how do people align their lives with Christ and what is the result of doing so?

6. **Read Matthew 26:39-42**. Sometimes aligning our hearts with God's is difficult. Why do you think aligning His will with His Father's was a challenge for Jesus in the Garden of Gethsemane?

Describe a time in your own life when you struggled to align your will with God's.

7. What scene from Jesus' life in Pastor Phil's sermon most caught your attention? Why?

#### **TAKING IT HOME**

- 8. What steps have you been inspired to take to better align your heart with Christ's?
- 9. Is there anything you have been inspired to do based on what you have learned?
- 10. Memorize Proverbs 4:23 (During your Life Group give people the opportunity to recite it).

#### PRAYING TOGETHER

Pray for the needs of your group and ask God to align your heart with His.