

Proverbs 14:29 (NLT)

"People with understanding
control their anger;
a hot temper shows
great foolishness."

BIBLE VERSE

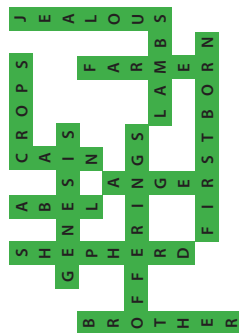
I Will Control My Anger!

TO FIND YOUR CHILD'S LEADERSHIP LESSON, GO TO ELEVATEATHOME.COM



SHAPE MATCHER
Shapes 1 and 3 match

**CROSSWORD
CHALLENGE**



Help your kids become the leaders
God designed them to be!

Have your children make a bracelet or zipper tag for their backpacks to help remind them of three steps to help control anger. You can use lettered beads or Shrinky Dinks in the bracelet to spell out CPR.

Each letter stands for one of the steps to controlling anger.

- C - Count to ten. Slowly count to ten and take deep, slow, breaths to give you time to think and relax.
- P - Pray. Pray and ask God to help you control your anger, to help with the situation, and to help you forgive the person.
- R - Remove or Run. Get away from the situation or person making you angry and try to avoid it in the future.

Explain the steps while making the bracelet, and when it is done, make sure your children either wear the bracelet or put it on their school bags where they will see it each day.

FAMILY ACTIVITY

THE GAME SHOW

BIG QUESTIONS



BIG QUESTIONS CONTESTANT GUIDE

LESSON 2

SHAPE MATCHER

Find the matching pair of Cains.



1



2



3



4



5

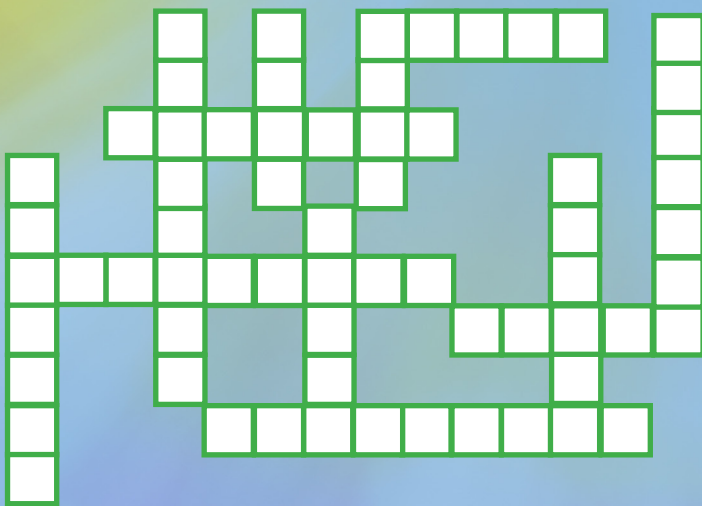


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ANSWERS ON BACK

CROSSWORD CHALLENGE

See if you can find a place in the puzzle for the Bible Lesson keywords.



4 LETTERS

Cain
Abel

5 LETTERS

Lambs
Anger
Crops

6 LETTERS

Farmer

7 LETTERS

Brother
Jealous
Genesis

8 LETTERS

Shepherd

9 LETTERS

Firstborn
Offerings

Hint: Start with word(s) that have only one word for that number of letters.

ANSWERS ON BACK